**Marsh Hammocks**

Marsh Hammocks are small islands surrounded on all sides by salt-marsh. They can range in size from a few trees to over 1,000 acres that supports a maritime forest. Red cedar, wax myrtle, cactus, saw palmetto and holly are plants commonly found growing on hammocks. Many of the birds and mammals of the barrier islands find refuge on salt marsh hammocks.

**Tidal Range**

Georgia’s curved coastline is at the center and most western point of the South Atlantic Bight – creating the largest tidal range south of Canada’s Bay of Fundy. Georgia has a tidal range of six to nine feet with a twice-daily tidal cycle.

**Rules**

1. No smoking
2. No Fires
3. No Alcoholic Beverages
4. Do Not Disturb Plants
5. Do Not Disturb Animals
6. Leave Only Your Foot Prints
7. Do Not Feed Wildlife

**Nature Trail**

Open Daily During Daylight Hours

**Half-Million Acres of Estuaries Containing:**

- 368,000 Acres of Salt Marsh
- 3,400 Miles of Tidal Shoreline
- 100 Miles of Sand Beaches
- 14 Barrier Islands
- 8 State Parks and Historic Sites
- 13 State Wildlife Management Areas
- 2 National Monuments
- 1 National Seashore
- 5 Federal Wildlife Refuges